

# Johnson's Black Belt Academy

## **GRAPPLING**

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### **Sensei Joe Trembley**

- 25 years Martial Arts experience
- 7th Degree in Shotokan
- Black Belt in Judo and Japanese Jujitsu
- 20 years experience in Submission Wrestling
- Classes on Tuesdays & Thursdays
- 6:30 PM to 8:00 PM
- Cost \$40/month or per session \$20/hour
- For more information call **814.726.4997**



## **MODERN ARNIS**

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### **Master Tom Green & Guro Dr. Paul Green**

Instructing this unique Filipino Martial Art. Master Green was a student of the late "Professor" Remy Presas who created the style.

- Weapon and Empty Hand Techniques, Strikes, Locks, Throws, Controlling Techniques & much more.
- Self Defense Classes including specialized women's Self-Defense
- All Ages Welcome
- No prior martial arts training needed
- Classes Mon & Wed - 6pm to 7:30pm.
- For more information call **814.688.9707**

**Master Tom Green and Guro Dr. Paul Green pictured to the left.**

## **AIKIDO**

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### **Sensei Tommey Reed**

Sensei Reed has been into martial arts for the past 25 years. Sensei Reed is a Mechanical Engineer with many patents in advanced technology.

- Student of Aikido for over 20 years
- Trained in Kung fu, Boxing, Tai Chi and Taekwondo
- Green Belt in Karate
- 2010 ranked 4<sup>th</sup> degree in Aikido
- Self Defense Classes
- \$40 a month
- Classes Mon & Wed 6pm to 7:30pm.
- For more information call **814.730.6674**

**A REAL KARATE DOJO**